

50 QUESTIONS TO GET TO KNOW YOURSELF



Your personality & interests

What personality trait do you value the most in yourself?

What is your dream job?

Is your dream job attainable? Why or why not?

If you could live anywhere, where would it be?

If money was no object, what would you want to do for the rest of your life?

What would you do if you won a million dollars?

What are your skills and strengths?

If you could eliminate one bad habit that you do, what would it be and why?

If you could take on a new hobby or activity, what would it be and why?

If you could have an absolute perfect day, what would it be like?

If you could spend your time doing anything, what would it be?

What things do you look forward to the most in life?

What are you afraid of?

Name three things/people that make you feel complete.

What quote or lyric speaks to you?

What is your passion in life?

How do you handle change?

What do you do when you feel stressed?

Think about people who inspire you, what qualities do they possess?

Do you feel like something is missing in your life? What is it?

What is the best advice you have ever received?

What gives you the most comfort?

Name some little things that always make your day better.

What activity brings you the most joy?

What are the top three things you love about yourself?

What inspires you the most?

What do you think people misunderstand about you?

Your past

List your top three accomplishments.

What is your favorite childhood memory?

What were the most recent moments in your life when you felt truly happy?

What lesson have you learned in life that is the most valuable?

Has there been a time where you felt inadequate in any situation?
What did you do?

What is one obstacle that you have overcome and are extremely proud of?

What advice would you give your younger self?

If you could go back and do something differently in your life, what would it be?

What is something that you do now, that you never thought you would?

What was one of the happiest moments in your life?

What have you learned about yourself in the past few years?

Your goals & future

What do you want to achieve by this time next year?

What do you want to achieve in five years?

What is holding you back from your future accomplishments?

What do you think your purpose is in life?

How would you fulfill that purpose?

List three things you want to accomplish this year.

What steps are you taking to achieve your goals right now?

Are your habits helping or hindering you from reaching your goals?

What legacy do you want to leave on the world?

What do you expect from yourself?

What area in your life needs improvement?

What steps are you taking to make those improvements?

LIFE IS TOO
SHORT TO WAIT.